

Sikh Heritage BC Lesson Plan Template

Lesson Title	Curiosity and Joy in Everyday Life
Suggested time (classes, minutes)	45 minutes to 1 hour
Grade/Subject	K - 3
Big Ideas/ Curricular Competencies	<p><b>Big Ideas</b></p> <ul style="list-style-type: none"> <li>- Language and story can be a source of creativity and joy</li> <li>- Stories and other texts can help us learn about ourselves and our families</li> <li>- Stories and other texts can be shared through pictures and words</li> <li>- Through listening and speaking, we connect with others and share our world.</li> </ul> <p><b>Curricular Competencies</b></p> <p>Students engage in informal and structured conversations in which they listen, contribute, develop understanding and relationships, and learn to consider diverse perspectives. This facet of communication is closely linked to the building and sustaining of relationships at home, at school, in the community, and through social media.</p> <p>Social Awareness and Responsibility -involves the awareness, understanding, and appreciation of connections among people, including between people and the natural environment</p> <p>Positive Personal and Cultural Identity -involves the awareness, understanding, and appreciation of the factors that contribute to a healthy sense of oneself; it includes knowledge of one’s family background, heritage(s), language(s), beliefs, and perspectives in a pluralistic society</p>
First Peoples Principles of Learning	“An important goal in integrating Indigenous perspectives into curricula is to ensure that all learners have opportunities to understand and respect their own cultural heritage as well as that of others.”
Materials selected to support the K – Gr. 12 curriculum should reflect sensitivity to diversity and incorporate positive role portrayals, relevant issues, and themes such as inclusion, respect, and acceptance. This includes diversity in family composition, gender identity and sexual orientation.	



<p>Focus Questions/ Key Understanding</p>	<p>How does being in nature or observing nature lead to one’s curiosity of interconnectedness or joy?</p> <p>How do individuals show joy?</p> <p>What connections can you make with the ideas or images in the story?</p>
<p>Lesson Plan</p>	
<ol style="list-style-type: none"> <li>1. Have a brief discussion on the word “joy” or “happiness”.</li> <li>2. Ask students to think about and then share examples of what brings them joy or happiness.</li> <li>3. Tell students to look for examples of joy and happiness while I read the story.</li> <li>4. Read aloud the story, “Talk to Me, What Do You See? Beauty and Joy from A – Z” – pause and ask students if they have connections with the page that is being shared.</li> <li>5. Think, Pair, Share – ask students to talk about the images about “nature” – what was happening in those images, how does nature contribute to our daily living, what feelings did you have while looking at those images, if people were in the images – how do you think they felt and why?</li> <li>6. Re-group and ask students if there is an underlying message in the story? (There is beauty and joy all around us...if we take the time to look and also, how it is important to spend time with understanding our connection to nature and our feelings towards being connected with others.</li> <li>7. If time, ask students to choose one letter and think of a “gratitude” word or one about “positivity” and draw a picture about it.</li> </ol>	
<p>Lesson Resources</p>	
<p>“Talk to Me, What Do You See? Beauty and Joy from A – Z” by Sandip Sodhi</p> <ul style="list-style-type: none"> <li>- This book is available through most public libraries and some school libraries</li> <li>- Can also be bought either through the <a href="#">author’s website</a> (proceeds are donated) or <a href="#">Amazon</a></li> </ul>	

